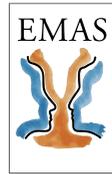




12TH EUROPEAN CONGRESS
ON MENOPAUSE AND ANDROPAUSE
15 – 17 MAY 2019 | BERLIN



12th European Congress on Menopause and Andropause

15 – 17.05.2019 | Berlin, Germany

*Managing Midlife Health and Beyond
in the Era of e-Medicine*

2019.emas-online.org
#EMAS2019

Welcome Message

Dear Colleagues and Friends.

It is with great pleasure that we invite you to the 12th Congress of the European Menopause and Andropause Society to be held in Berlin on 15 – 17 May 2019.

The theme of the Congress is "Managing Midlife Health and Beyond in the Era of e-Medicine". Internet and mobile technologies have rapidly changed the world we live in.

The main objective of the Congress will be to provide a new perspective of the medical and sociological aspects of woman's health and disease at midlife and beyond, with a view to how our changing society challenges or helps us in our daily practice. We are excited to introduce two new program elements: The EMAS School on Wednesday, 15 May 2019, which will attract medical professionals who are new to the specialty; the German Day on Friday, 17 May 2019, will have sessions in the German language and draw on experts from the German-speaking world.

There is no better city in the world to host this innovative event than Berlin. The capital of Germany is a place where history and modernity melt together. The city is renowned for its distinctive history, modern economy, diverse architecture and high quality of living. The friendly and informal atmosphere in Berlin will provide a productive and relaxing backdrop to three days of sharing science.

Don't miss the opportunity to be a leader in the evolution of medicine and to share this magic time with colleagues and friends from all over the world!

See you in Berlin,



Prof. Alfred O. Mueck

A handwritten signature in black ink, appearing to read "A. O. Mueck".



Prof. Tommaso Simoncini

A handwritten signature in blue ink, appearing to read "Tommaso Simoncini".

Scientific Highlights

Plenary Sessions

- Challenges in menopause medicine
- Healthy Ageing
- Healthy ageing in men
- Menopause and ageing in the workplace

Practical Sessions

- Diagnostic tests in menopause
- Managing the menopause without medicines: diet, micronutrients and exercise

Clinical Cases

- MHT in menopausal women at risk

EMAS Debates

- MHT for cardiovascular disease prevention
- Postponing fertility by cryopreservation of ovarian tissue

Parallel Sessions

- Abnormal uterine bleeding and myoma
- Ageing and frailty
- Bone health in women and men
- Breast cancer
- Cardiovascular health management
- Management of cancer survivors
- Menopause and Aging
- Nutrition of the menopause
- Ovarian dysfunction
- Psychosocial well-being
- The menopausal bladder
- Vaginal Health
- Wearables and new technologies for monitoring/ measuring health

About EMAS

With an active worldwide membership and over 40 affiliated societies, EMAS is the key international society promoting health in women and men at midlife and beyond.

EMAS encourages and stimulates excellence in health professionals and researchers through its publications, congresses, educational resources with accredited online courses and other society initiatives.

About the Congress

In the 2019 Berlin congress EMAS promotes menopause awareness in healthcare, research and society.

A cutting edge meeting with a unique experience to:

1. Learn from and speak to international experts
2. See your colleagues
3. Promote your research and ideas
4. Experience ground-breaking education
5. Progress healthcare and research for midlife and menopause in the era of e- medicine

European Menopause and Andropause Society (EMAS) Administrative Office

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Main Topics

Various topics will be presented and discussed within Plenary Sessions and Symposia, Practical Sessions, Clinical Cases, Oral Abstract Sessions and EMAS Debate Sessions:

“Bioidentical hormones”

Bleeding problems and other topics in context with perimenopause

Breast cancer, hormones, and anti-hormones

Female and male andrology (e.g. andropause, testosterone treatment)

Gender-specific, culture-specific differences in context with menopause

Healthy aging, aging and frailty (e.g. diet, lifestyle, cognitive function...)

Menopausal Hormone Therapy (MHT) revisited

Menopause and aging in the workplace

Metabolic syndrome, cardiovascular disease, osteoporosis (diagnosis, risk factors, prevention and treatment)

MHT and cardio/cerebro-vascular diseases

Non-hormonal treatment of climacteric symptoms

POI, Endometriosis, PCOS in context with menopause

Sexual medicine in midlife women

Urogynecology (e.g. genitourinary syndrome of menopause, reconstructive surgery)

Male Andrology, e.g.

Disturbance of male reproductive health

Fertility preservation in older males

Hypogonadism and cardiovascular disease

Onco-Andrology of men treated for cancer

Osteoporosis in men

Testosterone replacement therapy and cardiovascular risk

German Day

On Friday, 17 May 2019: sessions in the German language; experts from the German-speaking world; performed by the local Menopause Societies of Germany, Switzerland and Austria, as well as from Professional Association of German Gynaecologists, the German Society of Gynecological Endocrinology and Reproductive Medicine, German Society of Women's Health and Zürcher Expert Group on HRT and Contraceptives.

Ask the experts session on the management of menopausal patients

„Gibt es eine "natürliche" Menopausentherapie?“

„Problempatientinnen in der Peri- und Postmenopause“

„Prognostisch wichtige Erkrankungen der älteren Frau“

Prizes

EMAS is happy to announce that three awards sponsored by Elsevier will be presented at the 2019 Congress in Berlin. These are:

Best Poster

Best Oral
Presentation

Best Young
Investigator

Berlin

EMAS 2019 takes place from 15 – 17 May 2019 at Berlin ExpoCenter City – the Messe Berlin exhibition grounds where leading international conferences and trade shows are held.

Berlin is one of the most exciting and interesting major cities in the world. With a population of 3.5 million, it is the capital of Germany and a center for cultural, science, media and politics hosting almost 150 foreign embassies. With its two international airports and major train station, Berlin is easy to get to by air or rail. Its excellent and safe public transportation system makes moving around the city effortless. It is also known as the European capital city with the best value for money. Completing its appeal is its wide range of hotels in many price categories.



Call for Abstracts

Abstract submission opens on 22 November 2018 and closes on 6 February 2019 (24:00 CET Time)

All accepted Abstracts will be also published in the June issue of the journal *Maturitas*

1. Menopause and climacteric

- 1.1. Climacteric symptoms
- 1.2. Complementary and alternative medicine
- 1.3. Diet, lifestyle and dietary supplements
- 1.4. Female sexual dysfunction
- 1.5. Menopausal hormone therapy, sex steroids and receptor modulators
- 1.6. Non-hormone therapy
- 1.7. Osteoporosis
- 1.8. Ovarian ageing
- 1.9. Perimenopause
- 1.10. Premature menopause
- 1.11. Quality of life
- 1.12. Urogenital ageing

2. Gynaecology and women's health

- 2.1. Assisted reproduction
- 2.2. Benign breast disease
- 2.3. Benign gynaecology
- 2.4. Breast cancer
- 2.5. Contraception and fertility
- 2.6. Endocrine disruptors
- 2.7. Endocrinology
- 2.8. Gynaecological cancer
- 2.9. Non-hormone therapy
- 2.10. Sex steroids and receptor modulators
- 2.11. Sexual health
- 2.12. Urogynaecology

3. Andropause and men's health

- 3.1. Endocrinology
- 3.2. Male sexual dysfunction
- 3.3. Cancer
- 3.4. Urinary incontinence
- 3.5. Complementary and alternative therapies
- 3.6. Androgens and androgen receptor modulators

4. Midlife health and ageing

- 4.1. Cardiovascular disease
- 4.2. Complementary and alternative therapies
- 4.3. Cross-cultural differences
- 4.4. Degenerative disorders
- 4.5. Dementia and cognition
- 4.6. Depression and anxiety
- 4.7. Diet and lifestyle
- 4.8. Dietary supplements
- 4.9. Endocrinology of aging
- 4.10. Epidemiology
- 4.11. Frailty
- 4.12. Gender differences in chronic disease
- 4.13. Health and social care
- 4.14. Metabolic disorders
- 4.15. Migraine
- 4.16. Obesity
- 4.17. Occupational medicine
- 4.18. Osteoporosis and arthritis
- 4.19. Predictors of disease in later life
- 4.20. Sarcopenia
- 4.21. Screening
- 4.22. Skin ageing
- 4.23. Sleep

5. Innovation

- 5.1. Basic science
- 5.2. Diagnostics
- 5.3. Drug discovery
- 5.4. E-health
- 5.4. Integrating research from bench to bed side
- 5.5. Nanomedicine
- 5.6. Regenerative medicine
- 5.7. Stem cells
- 5.8. Surgery
- 5.9. Workplace, menopause and ageing

Registration Fees

The registration fees include 19% German VAT

Registration Fees	Early Bird (until 14.02.2019 24:00 CET)	Standard (15.02 – 19.04.2019 24:00 CET)	Late (from 20.04.2019)
EMAS Member	500.00 EUR	560.00 EUR	650.00 EUR
EMAS Member Reduced Fee – Middle/low-income countries	400.00 EUR	470.00 EUR	520.00 EUR
Non-Member	620.00 EUR	680.00 EUR	770.00 EUR
EMAS Junior Member – Members up to the age 35 – Doctors in training	195.00 EUR	295.00 EUR	415.00 EUR
EMAS Member – Student/Fellow/Nurse	195.00 EUR	295.00 EUR	415.00 EUR
Non-Member – Student/Fellow/Nurse	270.00 EUR	370.00 EUR	490.00 EUR
German Day*	158.00EUR	158.00EUR	158.00EUR

* All full Congress registrations include complimentary access to German Day sessions

Key Dates

22 November 2018	Opening of the online services
6 February 2019 (24:00 CET)	Abstract submission deadline
14 February 2019 (24:00 CET)	Early registration fee deadline
19 April 2019 (24:00 CET)	Standard registration fee deadline
14 May 2019	Closing of the online services
15 – 17 May 2019	Congress dates

**SEE YOU
IN BERLIN!**

